

Dog Kidney Diet Ingredients - A Cheatsheet

	Good to Feed in Large Amounts	Feed in Moderate Amounts	Feed in Very Small Amounts (Avoid Totally IF dog is uremic)	Avoid Totally
Protein		<ul style="list-style-type: none"> • Higher-fat meats, e.g. dark-meat chicken, chicken skin, 20% fat ground beef, pork, lamb • Egg whites • Green tripe 	<ul style="list-style-type: none"> • Egg yolks • Low-fat meats, e.g. ground turkey, lean ground beef, skinless chicken breast • Organ meats, e.g. beef heart, chicken liver, beef liver, beef kidney • Canned fish, e.g. jack mackerel, pink salmon, sardines • Raw meaty bones • Dairy products, e.g. cottage cheese, whole-milk yogurt, mozzarella cheese, cheddar cheese 	<ul style="list-style-type: none"> • Vegetable protein sources, e.g. quinoa, chia, nuts, seeds, chickpea
Fat	<ul style="list-style-type: none"> • Coconut oil • Fish oil • Butter 			<ul style="list-style-type: none"> • Vegetable oils, e.g. canola, corn, soy, sunflower, flaxseed • Cod liver oil
Carb		<ul style="list-style-type: none"> • Barley • Buckwheat • White sticky rice 		<ul style="list-style-type: none"> • Other whole grains (e.g. whole wheat, oatmeal, brown rice, millet)
Veggies /Fruits		<ul style="list-style-type: none"> • Pumpkin • White potatoes • Squash • Green beans • Collard greens • Carrots • Zucchini • Turnip • Apples • Bananas • Berries 		